

LA MOLIENDA BREAKFAST

Continental	B./ 6.00
Basket of House bread with jam, served with seasonal fresh fruits, yogurt, coffee or tea and fruit juice.	
American/ *Breakfast Included	B./ 6.50
Eggs any style, served with house bread, bacon, ham coffee or tea and fruit juice	
La Molienda	B./ 7.00
Liver & Onions served with Corn Tortilla, Fresh Country Cheese, coffee or tea and fruit juice	
Steak & Eggs	B./ 9.00
Chopped Steak Filet served with flour dough (hojaldre) with cilantro pesto and fried eggs. Accompanied with coffee or tea and fruit juice	
Pancakes	B./ 5.00
Special House Recipe, Caramel syrup, served with bacon or ham, coffee or tea and fruit juice	
French Toast	B./ 5.50
French Toast, caramel syrup, bacon or ham. Coffee or tea and fruit juice	
Corn Flour Wraps and eggs.	B./ 6.50
Corn Tortillas, filled with eggs, ham, tomatoes and Cheese	

Side Orders

Eggs any style	B./ 2.50
Melted Cheese Sandwich	B./ 3.00
Ham & Melted Cheese Sandwich	B./ 3.50
Oatmeal with Raisins	B./ 3.00
Oatmeal with Raisins and skimmed Milk	B./ 3.50
Yogurt with Granola and Honey Bee	B./ 3.00
American Cheese or White National Cheese	B./ 2.50
Crispy Corn Fritters	B./ 2.50
Fried Pork Rinds	B./ 2.50
Las Tablas Style Sausages	B./ 5.00
Bacon	B./ 2.50
Ham	B./ 2.50
Bread Basket	B./ 2.50
Fried Flour Dough	B./ 2.50
Corn Tortilla	B./ 2.50

BEBIDAS

Tea	B./ 1.50
Coffee	B./ 2.00
Capuccino	B./ 2.50
Espresso	B./ 1.50
Macchiato	B./ 2.00
Hot Chocolate	B./ 2.00
Juice	B./ 2.00
Shakes	B./ 3.50
Fresh Juice	B./ 3.00
Soft Drinks	B./ 2.00
Bottled Water	B./ 1.50

LA MOLIENDA A LA CARTE

APPETIZERS

Presidente Ceviche B/. 5.50

Fish cubes marinated with lemon juice in fresh corn sauce, tomato and coriander sauce.

Shrimp Ceviche B/. 6.50

Fresh shrimp marinated in lemon, onion and spicy.

Shrimp Cocktail B/. 7.50

Fresh shrimp, marinated with lemon juice and thousand islands "pink sauce".

Mix Ceviche B/. 7.50

Exquisite combination of squid, Octopus, clams, and shrimp.

Deep Fried Sea Bass Ceviche B/. 6.50

Breaded Sea Bass pieces, marinated in Lemon Juice

Serrano Ham Croquettes B/. 7.50

Mozzarella Sticks B/. 7.50

Fried Squid Rings B/. 8.50

Hard Shell Clams B/. 6.50

Selection of fresh clams in the shell cooked in the sauce of your choice either garlic or Creole sauce

Chicken Wings (BBQ, Sweet Hot, 911) B/. 7.50

Mensabe Platter B/. 16.50

Selection of fresh seafood, breaded Romana style accompanied by a side order of your selection and house tartar sauce accompanied by cassava, plantain or potato chips

El Topon Platter B/. 15.50

Mixed Beef, accompanied by a side dish of your choice and with a grand finale of our House sauce accompanied by cassava, plantain or potato chips

Mix of Sausages B/. 9.50

Excellent mix of national and imported sausages accompanied with a side order

Pork Platter B/. 14.50

Pork Ribs, Pork and Las Tablas sausages, hot sausages, accompanied by side order of canvas, plantains or French Fries.

Mixed Nachos B/. 12.50

Chicken, Ground Beef, Guacamole, Pico de Gallo, cheese and chips

Nachos with Chicken B/. 9.50

Chicken, guacamole, Pico de Gallo, cheese and chips.

Nachos with Beef B/. 10.50

Chicekn, guacamole, Pico de Gallo, cheese and chips.

SOUPS

Sancocho (Panamanian Chicken Broth Soup)

Traditional soup of chicken, yams, and cilantro. Accompanied by white rice B/. 6.50

Azuero Seafood Plate B/. 9.50

Mixed Fresh Seafood in red sauce broth and topped with a poached egg

Onion Soup B/. 5.50

Broccoli Cream Soup B/. 5.50

FROM THE FARM

Beef Steak Filet 8 oz B/. 12.50

Juicy steak cooked to your liking bathed in pepper, mustard and red wine reduction sauce

Skirt, Imported Cut 12 oz - Angus Beef B/. 24.50

New York Strip Steak Imported 12 oz - Angus Beef B/. 25.00

Grilled Chicken B/. 10.50

Juicy and tender half chicken cooked grilled served with mojo creole

Basket of St. Louis Chicken Style B/. 10.00

Cajun Style

Chicken Breast Spanish Style B/. 11.00

Puchuga to the Cream of Mushrooms and Serrano Ham

Pork Chops B/. 14.50

Spectacular piece of 12 oz t-bone steak made grilled pork bathed in our delicious mojo creole.

Pork Ribs B/. 18.00

Tender and juicy pork ribs smoked, glazed with exquisite BBQ tamarind sauce

You can choose one of the following side orders: Rustic mashed potato, French fries, Baked Potato, Fried cassava, plantains (tostones), sautéed vegetables, green salad, and white rice.

FROM THE SEA

Grilled Sea bass B/. 13.50

Fresh sea bass fillet with garlic or with Creole sauce

Whole Deep Fried Sea Bass B/. 12.50

Boneless Deep fried Seabass with creole marinade

Grilled Salmon B/. 16.00

Excellent salmon imported and cooked on the grill glaze with our passion fruit sauce

Caribbean Octopus B/. 15.00

Fresh octopus cooked in sauce Caribbean style with thrusts of coconut and rice with coconut as a side order

Garlic Octopus B/. 14.50

Delicious garlic home made sauce

Jumbo Shrimps B/. 18.00

Al Ajillo, Criolla Sauce, To Butter

You can choose one of the following side orders: Rustic mashed potato, French fries, Baked Potato, Fried cassava, plantains (tostones), sautéed vegetables, green salad, and white rice.

SANDWICHES AND HAMBURGERS

Hamburger Presidente B/. 10.50

Burger-½ pound house brioche bread, cheddar cheese, caramelized onions, pickle, lettuce tomato and special house sauce.

Club Sandwich B/. 10.00

Pullman Pan with Grilled Chicken Breast, Bacon, Ham, Fried Egg, Mozzarella Cheese, Yellow Cheese, Lettuce and Tomato.

Filet Special Sandwich B/. 10.50

Sandwich grilled beef tenderloin sautéed with select vegetables, gratinated with mozzarella cheese and topped with Sweet Onion, all on artisan country bread dressing

Pork Leg sandwich with mozzarella B/. 10.50

Juicy Pork leg sandwich with cold slaw salad, slices of fresh and grated tomato with mozzarella cheese served with our House BBQ sauce for your best enjoyment

Montecristo Sandwich B/. 11.00

Pork leg ham, mozzarella cheese, pickles in a delicious garlic sauce and fried home bread

RICE

Seafood Rice	B/.	14.50
Shrimp Rice	B/.	15.00

SALADS

Caesar Salad	B/.	6.50
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Traditional Romaine Lettuce, Parmesan Cheese, Croutons of House Bread with Cesar Dressing

Caesar Salad with Chicken	B/.	8.00
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Greek Salad	B/.	8.50
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Bed of lettuce mixed with cubes of tomato, cucumber, red pepper, red onion, feta cheese and olives black with Mediterranean vinaigrette

Countryside Salad	B/.	6.50
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Mix of lettuces, wedges of tomato, red onion, capers, and olives black. Accompanied by passion fruit vinaigrette

FROM ITALY TO YOUR DINING TABLE

Pizza Presidente	B/.	8.50
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Pizza rustic and handcrafted pieces of Las Tablas sausage, tomato confit, olives, mushrooms and onions gratinated with mozzarella cheese

Shrimp Risotto	B/.	14.50
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Juicy and creamy shrimp risotto, fresh basil, parmesan cheese and shrimp

Chicken Risotto	B/.	12.50
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Risotto Rice with onions, fresh basil, parmesan cheese panmanian chicken rice style

Pasta Presidente	B/.	11.00
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Penne Past with Las Tablas sausages, grilled tomatoes, roasted peppers, black olives, Feta cheese and pesto

Seafood Pasta	B/.	11.50
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Fine selection of fresh seafood cooked in the sauce of your choice either Alfredo or Pomodoro accompanied by our variety of selected pasta

Pasta Bolognese	B/.	9.50
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Delicious ground beef in tomato sauce

Meat Lasagna	B/.	9.50
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Meat lasagna seasoned with selected spices in red sauce, mozzarella cheese and bechamel sauce topped with a touch of pomodoro sauce and fresh basil

Fettuccini with Salmon	B/.	14.50
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Tasty Fettuccini Pasta with tomatoes, basil and creamy crowned salmon

Pastas (Spaguetti, Fettuccini or Penne)	B/.	8.50
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Alfredo, Pomodoro or Olio Sauce

Pasta with Shrimp	B/.	12.00
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In Alfredo Sauce, Pomodoro or Rose

MENU FOR KIDS

Spaguetti with Alfredo Sauce & ham	B/.	7.50
Rustic Pizza with ham or pepperoni	B/.	6.50
Fish or Chicken Fingers	B/.	8.50

With Tartar or honey mustard sauce

ADDITIONAL SIDE ORDERS

Baked Potatoes	B/.	2.50
Rustic mashed potatoes	B/.	2.50
French Fries	B/.	2.50
Plantains	B/.	2.50
Sauteé vegetables	B/.	2.50
Fried Canvass	B/.	2.50
Crispy Corn Fritters	B/.	2.00
Las Tablas Sausages	B/.	5.00
Roast sucking Pig	B/.	5.00

DESSERTS

Cheese cake	B/.	4.50
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Soft and creamy Cheese cake with topping and kisses of white chocolate and strawberry sauce

Orange Flan	B/.	3.50
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Classic homemade flan with orange touch

Lemon Pie	B/.	4.50
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La Molienda	B/.	5.50
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Exquisite dessert of cocada Las Tablas style, cashew nuts and creamy ice cream with threads of cane syrup making our house dessert

Apple or Pineapple Crumble	B/.	4.00
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Delicious apples or pineapples caramelized cinnamon, accompanied by crumble of flakes of oatmeal, homemade vanilla ice cream and red wine syrup

Brownie with Vanilla ice cream	B/.	4.50
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Delicious chocolate brownie with chunks of nuts warm topped with vanilla ice cream and chocolate syrup

Ice Cream Cup (Cherry, Chocolate or Vanilla)	B/.	3.50
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Chocolate and vanilla accompanied by Strawberry, caramel or chocolate topping.

BEBIDAS

Tea	B/.	1.50
Coffee	B/.	2.00
Capuccino	B/.	2.50
Espresso	B/.	1.50
Macchiato	B/.	2.00
Hot Chocolate	B/.	2.00
Juice	B/.	2.00
Soda	B/.	2.00
Bottled Water	B/.	1.50
Water S. Pellegrino	B/.	3.50
Chocolate Frappe (Chocolate Syrup or Caramel and Whipped Cream)	B/.	4.00
Fresh Juice	B/.	3.00